Herfstcriterium 2026: Session: 6: COACH evaluation sheet for TEAM: DMI

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Moerman Pieter

Coaches: Claerhout John

Coaches: Debecker Thomas

Coaches: Van der Elst Astrid

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 32: 100M FREESTYLE WOMEN 13+ — Heat:3, starttime: 14:05

Heat: 3/14 Lane : 6 Athlete: VANDROOGENBROECK CHEYENNE — **Q-time: 01:17:14**

PB (25m pool): 01:18.46 Zwevegem 11/05/2025 **PB (50m pool):** 01:17.14 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:37.60		01:18.46	
	00:37.60		*00:40.86*		
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Coach feedback:

Event number: 33: 200M MEDLEY MEN 13+ — Heat:3, starttime: 14:30

Heat: 3/10 Lane : 5 Athlete: DECLERCQ IAN — **Q-time: 02:53:10**

PB (25m pool): 02:53.10 Brugge 04/10/2026 **PB (50m pool):** 03:02.35 **SB:** 02:53.10 Brugge 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:38.96		01:25.43		02:12.54		02:53.10
	00:38.96		*00:46.47*		*00:47.11*		*00:40.56*	
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Coach feedback:

Event number: 33: 200M MEDLEY MEN 13+ — Heat:4, starttime: 14:35

Heat: 4/10 Lane : 4 Athlete: VANKEMMELBEKE HECTOR — **Q-time: 02:49:29**

PB (25m pool): 02:49.29 Brugge 04/10/2026 **PB (50m pool):** 03:03.66 **SB:** 02:49.29 Brugge 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:35.76		01:21.60		02:09.31		02:49.29
	00:35.76		*00:45.84*		*00:47.71*		*00:39.98*	
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Coach feedback:

Herfstcriterium 2026: Session: 6: COACH evaluation sheet for TEAM: DMI

Event number: 34: 100M BACKSTROKE WOMEN 11-12 — Heat:2, starttime: 15:00

Heat: 2/11 Lane : 3 Athlete: NAESSENS ANKE — **Q-time: 01:39:43**

PB (25m pool): 01:50.75 Diksmuide 28/12/2025 **PB (50m pool):** 01:39.43 **SB:** no time

	25M	50M	75M	100M	
PB		00:53.73		01:50.75	
		00:53.73		*00:57.02*	
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Coach feedback:

Event number: 35: 200M MEDLEY MEN 11-12 — Heat:3, starttime: 15:35

Heat: 3/7 Lane : 1 Athlete: DEHONDT TUUR — **Q-time: 03:25:83**

PB (25m pool): 03:25.83 Brugge 04/10/2026 **PB (50m pool):** no time **SB:** 03:25.83 Brugge 04/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:47.71		01:40.44		02:41.09		03:25.83
		00:47.71		*00:52.73*		*01:00.65*		*00:44.74*
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Coach feedback:

Event number: 35: 200M MEDLEY MEN 11-12 — Heat:7, starttime: 15:50

Heat: 7/7 Lane : 8 Athlete: DE RYCK ALEXANDER — **Q-time: 03:06:09**

PB (25m pool): 03:06.09 Brugge 04/10/2026 **PB (50m pool):** 03:13.03 **SB:** 03:06.09 Brugge 04/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:39.14		01:25.36		02:22.87		03:06.09
		00:39.14		*00:46.22*		*00:57.51*		*00:43.22*
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Coach feedback: